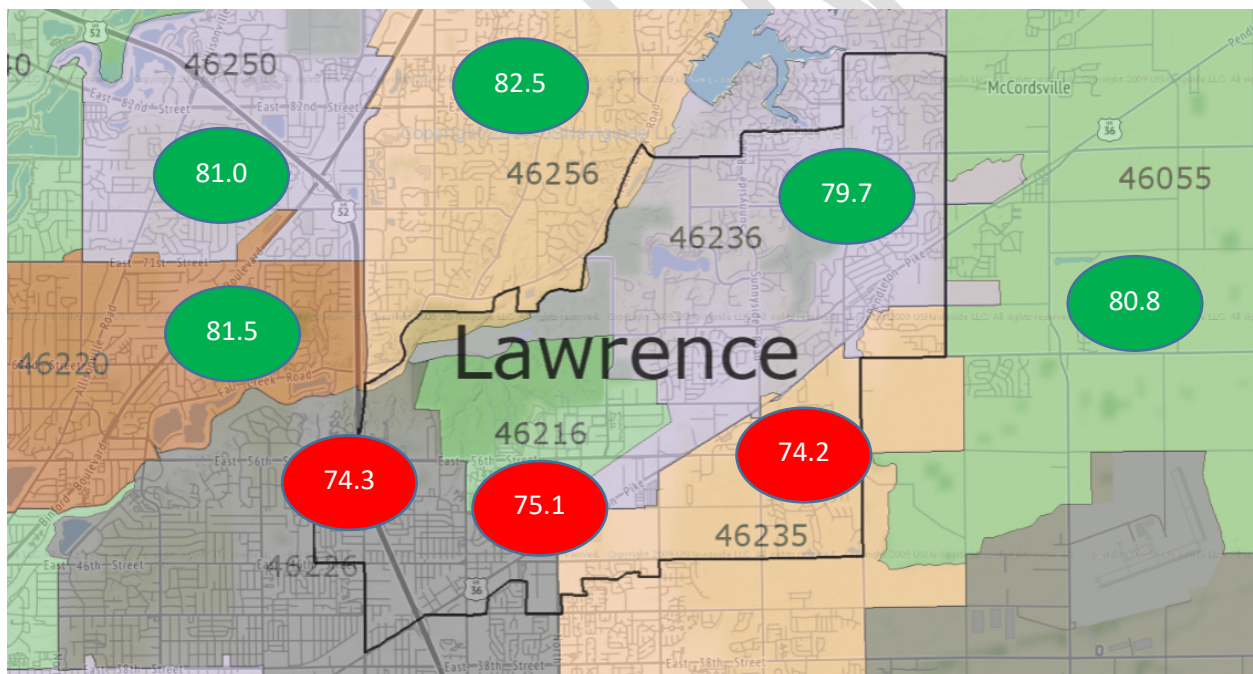




Mayor Whitfield is committed to ensuring all residents can “Live Longer in Lawrence” through enhanced opportunities to achieve their full potential for healthy lives across the life span. *This vision can be realized through evidence-based interventions and policies that address the economic, physical, and social environments in which people live, learn, work, and play.*<sup>1</sup>

### What would you do if you could live 8 years longer?

The approximately 4 mile drive from the intersection of 82<sup>nd</sup> and I69 to the intersection of 56<sup>th</sup> and I465 takes one from the 46256 to the 46226 zip code. Unfortunately, this short 4 mile drive results in an average 8 year lower life expectancy between zip codes. Where one lives should not predict how long they live. The IU Richard M. Fairbanks School of Public Health at IUPUI has found that 3 of 4 Lawrence zip codes have life expectancies have lower than then the US national average of 78.6 years and IN state average of 76.8 years as show in the image below<sup>2</sup>.





An initial review of available City of Lawrence health data from the Marion County Public Health Department shows that for Lawrence's roughly 50,000 population<sup>3</sup>:

- More diversity than Marion County and the State of Indiana with a non-white population of 45.2% compared to 38.1% and 16% respectively. Lawrence has a higher % of Hispanic and Latino residents than Marion County and Indiana.
- Key maternal health indicators are better than Marion County except for initiation of breastfeeding in the first trimester.
- Mental health is better than Marion County with lower rates of depression and suicide.
- Accidents rank as the third leading cause of death after cancer and heart disease.
- There is a significant presence of chronic diseases:

Health Condition	Lawrence Area (HPA 7)	Marion County
Diabetes	11.4%	13.5%
Asthma	20%	18.7%
Heart Disease	4.9%	8.6%
Hypertension	41.3%	34.2%
High Cholesterol	31.7%	32.1%

Mayor Whitfield proposes a "Live Longer in Lawrence" program to improve the health of Lawrence residents. Live Longer in Lawrence has three core commitments:

**1. Assuring Health in All Policies**

*Health in All Policies is a collaborative approach to improving the health of all people by incorporating health considerations into decision-making across sectors and policy areas. A Health in All Policies approach identifies the ways in which decisions in multiple sectors affect health, and how better health can support the goals of these multiple sectors. It engages diverse governmental partners and stakeholders to work together to promote health, equity, and sustainability, and simultaneously advance other goals such as promoting job creation and economic stability, transportation access and mobility, a strong agricultural system, and educational attainment<sup>4</sup>.*

One example of how different sectors impact health is the finding that "the best predictor of life expectancy at the ZIP Code level is the percentage of the ZIP Code's population without a high school diploma. This variable alone explains 57% of the variation in life expectancy across metro Indianapolis ZIP Codes".



## **2. Eliminating Health Inequities**

The National Academies of Sciences, Engineering, and Medicine (NASEM) recently released a report that health inequities in the United States have continued to persist over the last 20 years despite law and policy changes aimed at improving them. Hispanic/Latino and Black adults have higher rates of being uninsured, cardiovascular disease, and diabetes. Minority groups also are less likely to have access to health care. Lawrence likely has health disparities that need to be addressed given its' diverse population and significant chronic disease prevalence.

## **3. Using Collective Impact to Empower Communities**

*Collective impact is a network of community members, organizations, and institutions who advance equity by learning together, aligning, and integrating their actions to achieve population and systems level change.*

Collective impact has five components: 1. A common agenda 2. Shared measurement 3. Mutually reinforcing activities 4. Continuous communication 5. A dedicated team.

Lawrence has many community-based organizations, businesses, schools, and churches working to improve the health of Lawrence residents. Bringing these organizations together to focus on city-wide health goals can stimulate significant system change.

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4. [https://www.apha.org/Health in all Policies Guide for Local Governments](https://www.apha.org/Health%20in%20all%20Policies%20Guide%20for%20Local%20Governments)
5. NASEM: Despite 20 years of effort, health inequities persist in the U.S. Advisory Board, July 10, 2024
6. [What Is Collective Impact - Collective Impact Forum](#)